

ROCKVILLE CENTRE PUBLIC SCHOOLS

Department of Physical Education, Health and Athletics

Carol Roseto, District Director
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South Side High School
140 Shepherd Street, Rockville Centre, NY 11570

Dear 7th and 8th Grade Parent/Guardian:

Re: 2023-2024 Fall, Winter 1, Winter 2, and Spring Middle School Athletics

If you would like your son/daughter to participate on a Middle School sport team during the 2023-24 school year, they need to be in good academic standing and have a completed sports physical uploaded to your personal Final Forms account and approved by District medical personnel prior to the start of the season. If your child would like to play football, soccer, cheerleading, volleyball, basketball, wrestling, baseball, softball and/or lacrosse they will also need to have a current IMPACT-Baseline concussion test on file:

Please be aware of the following items that relate to all sport seasons:

- Only 7th and 8th grade students are permitted to play on an interscholastic team.
- Without medical clearance from District medical personnel, your son/daughter is not eligible to participate in any part of a tryout or practice. Athletes must be cleared through your personal Final Forms account.
- If an athlete is injured prior to the first day of the season, but still wants to be on the team after being medically cleared, he/she must attend all tryout/practice sessions from the first day to be eligible for consideration for that season.
- During the course of the athletic season, members of the press will be photographing and/or filming our athletic teams and players. Unless the Athletic Office is notified in writing otherwise, it will be assumed that you are giving the district permission for your child to be photographed and/or filmed during any sporting event throughout the year.
- No athlete is permitted to leave early, come late or miss practice on a regular basis. MS Athletics requires a commitment.
- All athletes and parent/guardians are required to sign and accept the MS Athletic Contract at the beginning of the season.

SPORTS OFFERED AT THE MIDDLE SCHOOL LEVEL:

FALL (9/5): Boys 7/8 Football, Boys Soccer 7, Boys Soccer 8, Girls Soccer 7, Girls Soccer 8, Boys/Girls 7/8 Cross Country, Girls 7/8 Tennis, Girls 7/8 Cheerleading

WINTER 1 (11/6): Boys Basketball, Girls Volleyball, Boys/Girls 7/8 Winter Track, Girls 7/8 Cheerleading

WINTER 2 (1/16): Girls 7/8 Basketball, Boys/girls 7/8 Wrestling, Boys 7/8 Volleyball

SPRING (3/25): Boys 7/8 Baseball, Boys Lacrosse 7, Boys Lacrosse 8, Girls Lacrosse 7, Girls Lacrosse 8, Boys 7/8 Spring Track, Girls 7/8 Spring Track, Girls 7/8 Softball, Boys 7/8 Tennis

FALL ATHLETES ONLY:

Without medical clearance from District medical personnel and a green light in Final Forms, your son/daughter will not be permitted to tryout and/or practice and it could affect his/her participation on the team. Medical clearance forms can be downloaded directly from your personal Final Forms Account.

PHYSICALS AND ATHLETIC CLEARANCES:

Are being offered over the summer to all MS fall athletes at the **High School** in room 1309 on 8/22 (9-11am) and 8/28 (7-10am), and at the **MS** on 8/29 in the MS Nurse's office (8-11am).

BASELINE CONCUSSION (IMPACT) TESTING:

If your child is considering participating on a fall contact sport (football, soccer, cheerleading) please have him/her report to HS Room 2319 on 8/22 (9-11am) and 8/28 (7-10am), and at the **MS** on 8/29 in the MS room 205 (8-11am). This computer-based test will take approximately 20-30 minutes. Parents cannot sit with their child due to limited space and should remain in their cars or the main lobby. If the test is considered invalid because the athlete was rushing and/or not taking the test seriously, he/she will be notified and will need to re-take this test on a different day before receiving clearance for their sport. No cell phones will be permitted during Impact Testing.

I hope this information is helpful. *Carol Roseto*

Athletes should come to the first day of the season prepared with proper clothing/footwear and enough liquids to keep him/her hydrated throughout the entire practice.